



The Natural Advantage

## One-A-Day Milk Thistle 35000mg Capsules

THOMPSON'S | 476



- Liver tonic
- Naturally supports digestion and normal healthy liver detoxification
- A hepatoprotective herb
- One-A-Day dose

### BENEFITS

---

- Helps to support healthy gall bladder function
- Supports healthy digestive function
- Supports healthy liver detoxification
- Helps to protect the liver against the deleterious effects of environmental toxins and pollution, given its antioxidant actions
- Assists to support the normal growth and regeneration of liver cells
- Supports the liver
- Aids normal healthy digestion

### SUITABLE FOR

---

- Those who overindulge and seek a supplement to support normal health liver detoxification
- Those who seek a One-A-Day supplement to maintain normal liver function
- Individuals looking for a supplement to maintain healthy gall bladder function

## DIRECTIONS FOR USE

---

Adults – Take one capsule daily (with food), or as professionally advised

## CAUTIONS AND INTERACTIONS

---

- Use only as directed and always read the label
- If symptoms persist, consult your healthcare professional

## NO ADDED

---

Corn, dairy, egg, gluten, lactose, nuts, peanuts, shellfish, fish, soy, sugar, sesame seed, artificial colouring, flavouring and preservatives. Suitable for Vegetarian and Vegan use

## PACK SIZES

---

- 476 - 60 Capsules

## ACTIVE INGREDIENTS

---

Silybum marianum (milk thistle) extract equivalent to dry herb	35 g
equiv. Flavanolignans calculated as silybin	420 mg

Store below 30°C in a dry place. Keep out of reach of children. Do not use if bottle and/or cap seal is missing or broken.