



The Natural Advantage

Omega 3 Fish Oil 1000mg Capsules

THOMPSON'S | 589, 591



- Is a rich source of omega-3 fatty acids; the essential fats required by the body
- Blend of fish oil omega 3 rich mackerel, anchovy and sardine oils
- From sustainably-sourced wild fish
- Regularly tested for purity – PCBs, mercury and lead

BENEFITS

- May support the maintenance of healthy cholesterol levels in healthy individuals
- Helps to support healthy heart function
- May support the maintenance of triglycerides within the normal range in healthy individuals
- May support the maintenance of healthy blood pressure in healthy individuals
- Helps to support healthy joint mobility
- Helps to support and maintain mental clarity and focus
- Helps to support the maintenance of healthy skin
- Aids to support healthy nervous system

SUITABLE FOR

- Those suffering from joint stiffness or looking to support healthy joints
- Individuals seeking a supplement to support healthy heart function
- Individuals who want to support healthy brain function
- Individuals who seek a supplement to support nervous system function
- People who want to maintain healthy skin
- Pregnant women who require an additional source of Omega 3 fatty acids

DIRECTIONS FOR USE

- Adults – Take one to three capsules daily (with food), or as professionally advised
- Storage: Store below 30°C in a dry place

CAUTIONS AND INTERACTIONS

- Use only as directed and always read the label
- Vitamin supplements should not replace a balanced diet

NO ADDED

Corn, dairy, egg, gluten, lactose, nuts, shell fish, sugar, sesame seed, artificial colouring and flavourings.

PACK SIZES

- 589 - 200 Capsules
- 591 - 400 Capsules

ACTIVE INGREDIENTS

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|-------------------------------------|--------|
| Fish oil – natural | 1 g |
| equiv. Omega-3 marine triglycerides | 300 mg |
| equiv. Eicosapentaenoic acid (EPA) | 180 mg |
| equiv. Docosahexaenoic acid (DHA) | 120 mg |