



The Natural Advantage

Ultra Marine Magnesium Tablets

THOMPSON'S | 424



- High quality, high potency formula providing the body with 550mg of elemental magnesium
- Provides a convenient One-A-Day dose
- Marine magnesium is more easily absorbed by the body

BENEFITS

- Supports healthy muscle function
- Supports the nervous system during times of stress
- Helps maintain and support healthy heart function
- Provides support during times of pre-menstrual tension
- Supports healthy energy levels
- Helps in the development and maintenance of healthy bones and teeth
- Helps the body metabolize carbohydrates, proteins and fats
- Assists in the maintenance of general health and wellbeing

SUITABLE FOR

- Individuals with symptoms of magnesium deficiency including muscular cramps and spasms
- Individuals wanting pre-menstrual support
- Those who may be prone to tense muscle and tightness
- Individuals who seek a supplement to assist with nervous tension

DIRECTIONS FOR USE

Adults - Take one tablet daily, or as professionally prescribed

CAUTIONS

- Use only as directed and always read the label.
- If symptoms persist, consult your healthcare professional.
- Vitamin supplements should not replace a balanced diet

NO ADDED

Gluten, lactose, nuts, shellfish, sugar, dairy, egg, fish, sesame seeds, soy.

No artificial colours, flavours or preservatives.

Vegetarian / Vegan friendly

PACK SIZES

- 424 - 60

ACTIVE INGREDIENTS

Marine Magnesium	1.7g (1700mg)
equiv. to Magnesium	550mg