



The Natural Advantage

## Vitamin D with Omega 3 Capsules

THOMPSON'S | 301, 302



- Support the development of healthy bones and tissue
- Contains important Omega 3 fish oils for bone health and general wellbeing

### BENEFITS

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- Helps to maintain healthy bone mass and bone density, given Vitamin D and fish oils may assist in calcium absorption in the body
- Assists muscle strength in the elderly, thus reducing the incidence of falls and risk of fracture
- Supports immune health
- Assists to maintain healthy circulation
- Aids to maintain healthy skin
- Helps to maintain a healthy pregnancy
- Aids in maintaining or improving general wellbeing

### SUITABLE FOR

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- Individuals prone to Vitamin D deficiency, including the elderly and those with limited exposure to sunlight
- Individuals who suffer from digestive difficulties
- People who seek a supplement to support bone health
- People who seek a supplement to assist healthy circulation and general wellbeing
- Individuals who seek a supplement to assist in the maintenance of healthy skin
- Pregnant women who seek a supplement to help support a healthy pregnancy

#### DIRECTIONS FOR USE

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Adults – Take one capsule daily (with food), or as professionally prescribed

#### CAUTIONS AND INTERACTIONS

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- Use only as directed and always read the label
- Vitamin supplements should not replace a balanced diet

#### NO ADDED

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Dairy, egg, gluten, lactose, nuts, shellfish, sugar, sesame seed, artificial colouring and flavouring.

#### PACK SIZES

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- 301 - 60 Capsules
- 302 - 180 Capsules

#### ACTIVE INGREDIENTS

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Cholecalciferol (vitamin D3)	25 mcg
-	1000 IU
Fish oil	500 mg
equiv. Docosahexaenoic acid (DHA)	60 mg
equiv. Eicosapentaenoic acid (EPA)	90 mg
Store below 30°C in a dry place. Keep out of reach of children. Do not use if bottle and/or cap seal is missing or broken.	