



The Natural Advantage

Vitamin B12 50mcg Tablets

THOMPSON'S | 117



- Helps maintain healthy blood and a healthy nervous system in healthy individuals

BENEFITS

- Helps to maintain healthy blood cells
- Assists to support the healthy functioning of the nervous system
- Assists in the management of dietary vitamin B12 deficiency especially in vegetarians or the elderly
- Support energy production in the body

SUITABLE FOR

- Individuals who are at risk of or prone to vitamin B12 deficiency
- People who follow a vegetarian diet
- Elderly individuals

DIRECTIONS FOR USE

Adults – Take one tablet daily (with food), or as professionally advised. Swallow tablet whole, do not break or chew.

CAUTIONS AND INTERACTIONS

- Use only as directed and always read the label
- If symptoms persist, consult your healthcare professional
- Vitamin supplements should not replace a balanced diet

NO ADDED

Corn, dairy, egg, gluten, lactose, nuts, shellfish, sesame seed, fish, sugar, soy, artificial colourings, flavourings and preservatives.

Suitable for vegetarian and vegan use.

PACK SIZES

- 117 - 100 Tablets

ACTIVE INGREDIENTS

Cyanocobalamin	50 mcg
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Store below 30°C in a dry place. Keep out of reach of children. Do not use if bottle and/or cap seal is missing or broken.	
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